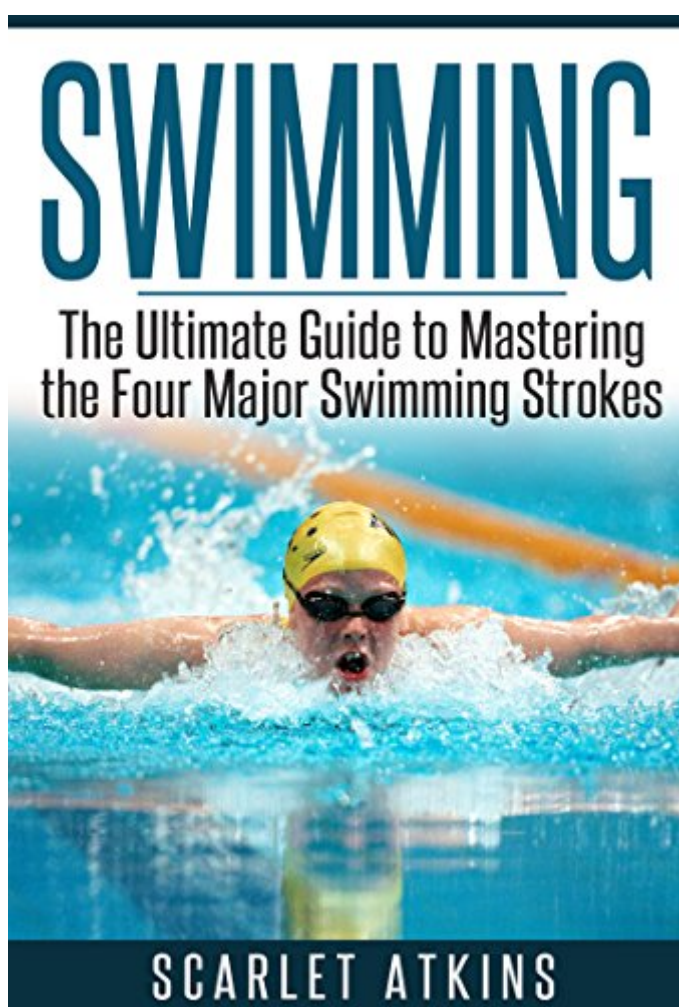


The book was found

SWIMMING: The Ultimate Guide To Mastering The Four Major Swimming Strokes



Synopsis

Welcome to the world of swimming! Get this kindle book for just \$0.99 for a limited period only. Regularly priced at \$2.99. Read on your PC, Mac, smart phone, tablet or Kindle device. Dear aspiring swimmer, Thank you for downloading this book! It contains proven steps, advanced tips and drills in picking up and mastering the four major swimming strokes, i.e., the ubiquitous freestyle, the breast stroke, also known as the frog style, the backstroke and, finally, the challenging butterfly style. You will learn the different strokes and body movements required of each stroke. However, do not feel compelled to pick up all at one time. Pace yourself as you dip your toes into the water. Master the basics, and practise and practise them through the drills. Then dive into the advanced techniques and, again, practise repeatedly until you are, literally, like a fish in the water. Lastly, do not forget to incorporate perseverance, discipline and patience into your swimming regimen. In no time, you will be rewarded with a new set of exercise skills and a new bod to boot. Here Is A Preview Of What You'll Learn... Advantages of swimming Basics of the four major swimming strokes At least three tips and drills for each stroke Much, much more! Download your copy today! Take action today and download this book for a limited time discount of only \$0.99 before the price increases!

Book Information

File Size: 2263 KB

Print Length: 32 pages

Simultaneous Device Usage: Unlimited

Publication Date: April 9, 2016

Sold by: Â Digital Services LLC

Language: English

ASIN: B01E2OENV6

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #264,115 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #32

inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Exercise & Fitness > Aerobics #59

inÂ Books > Health, Fitness & Dieting > Exercise & Fitness > Aerobics #219 inÂ Kindle Store >

Customer Reviews

Good guide on basic skills to improve my swimming strokes in my local team. It's clear and precise with easy to understand practical tips.

[Download to continue reading...](#)

SWIMMING: The Ultimate Guide to Mastering the Four Major Swimming Strokes Survival
Swimming: Swimming Drills to Learn and Improve on the Five Best Swimming Strokes for Survival
(Survival Fitness Series Book 4) Strokes Of Genius 6: Value - Lights & Darks (Strokes of Genius:
The Best of Drawing) Strokes of Genius 7: Depth, Dimension and Space (Strokes of Genius: The
Best of Drawing) Strokes of Genius 4: Exploring Line (Strokes of Genius: The Best of Drawing)
Strokes Of Genius 8: Expressive Texture (Strokes of Genius: The Best of Drawing) The Ultimate
Guide to Weight Training for Swimming (The Ultimate Guide to Weight Training for Sports, 25) (The
Ultimate Guide to Weight Training for Sports, Guide to Weight Training for Sports, 25) Swim
Speed Strokes for Swimmers and Triathletes: Master Freestyle, Butterfly, Breaststroke and
Backstroke for Your Fastest Swimming (Swim Speed Series) The Swimming Triangle: A Holistic
Approach to Competitive Swimming Teaching Swimming: Teach & Coach Swimming The
Swimming Psychology Workbook: How to Use Advanced Sports Psychology to Succeed in the
Swimming Pool Swimming: Swimming Made Easy: Beginner and Expert Strategies for Becoming a
Better Swimmer Triathlon Swimming Made Easy: The Total Immersion way for anyone to master
open-water swimming Universal Orlando 2011: The Ultimate Guide to the Ultimate Theme Park
Adventure (Universal Orlando: The Ultimate Guide to the Ultimate Theme Park Adventure)
Universal Orlando 2013: The Ultimate Guide to the Ultimate Theme Park Adventure (Universal
Orlando: The Ultimate Guide to the Ultimate Theme Park Adventure) Universal Orlando 2012: The
Ultimate Guide to the Ultimate Theme Park Adventure (Universal Orlando: The Ultimate Guide to
the Ultimate Theme Park Adventure) Divergent Series Ultimate Four-Book Collection: Divergent;
Insurgent; Allegiant; Four Official Guide to Mastering DSST Exams Volume II: 2 (Peterson's Official
Guide to Mastering Dsst Exams) How to Play Tennis: The Complete Guide to the Rules of Tennis,
Tennis Scoring, Tennis Grips and Strokes, and Tennis Tips for Singles & Doubles Golf My Own
Damn Way: A Real Guy's Guide to Chopping Ten Strokes Off Your Score

Contact Us

DMCA

Privacy

FAQ & Help